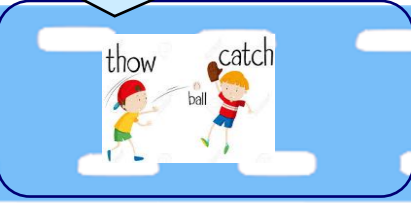


Overview for PE

Class Two

Games:
Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities.



Gymnastics:and dance
Link actions to make a sequence. Travel in a variety of ways, including rolling. Hold a still shape whilst balancing on different points of the body.



Games:
Begin to use and understand the terms attacking and defending. Use at least one technique to attack or defend to play a game successfully.



Class Three

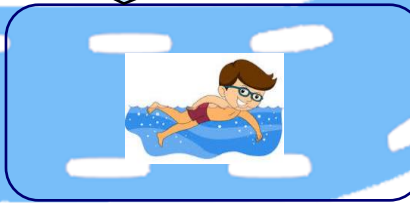
Gymnastics:
Balance □ Working together □ Developing core strength □ Recognising self - improvement



Games:
Ball skills □ Throwing □ Catching □ Agility □ Team work □ Improving skills over time □ Ball team games

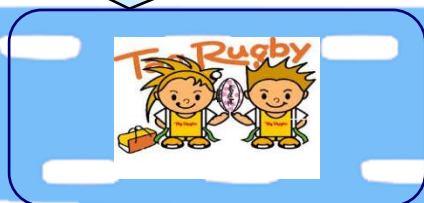


Games:
Physical Education □ Multi-skills □ Agility □ Listening skills □ Working together □ Team games - with balls □ Personal improvement □ Swimming



Class Four

Tag Rugby and Dance



Gymnastics Cricket
Perform and apply a variety of skills and techniques confidently, consistently and with precision.



Swimming , Rounders , Athletics

